

December 2018 Newsletter

Dear volunteers, donors, supporters and EMC- and Bail-Free holders,

Change everything by doing

A just and loving society doesn't fall from the sky and requires a lot of patience, commitment and support. What can you do or what will it take for you to achieve a new society in 2019? You can have intentions or complaints, but ultimately it always comes down to doing. It's all about real action, whatever that action might be. Only by DOING, everything will change and together we are the change!



The Christmas Spirit

The Christmas Spirit is about love, togetherness, peace on earth, the birth of new life and so much more. We ask you to reflect on this for a moment, because when you dedicate yourself to B of Joy, we, together, can create well-being on earth. If you feel a connection with B or Joy, please make people in your environment aware of B of Joy. You can show them the [Why page](#) and the video: <https://youtu.be/3C-KHt9vi5k>. Change always starts in our Consciousness! Once you can point out what's wrong within society, you can also turn it around for the good. In the coming years this will be very necessary if we want to achieve a healthy environment for our children and ourselves.

On behalf of our team members we wish you a Merry Christmas and a joyful and inspiring 2019.

With warm regards,

The UPF board